

FORESTRY AND ENVIRONMENTAL CONFERENCE

THE LIST OF ITEMS BELOW IS INTENDED AS A GUIDE WHICH EACH STUDENT CAN FOLLOW IN MAKING UP HIS/HER PACK FOR THE AMERICAN LEGION YOUTH ENVIRONMENTAL CONFERENCE. PLEASE TAKE EXTREME CARE TO INCLUDE THOSE ARTICLES WHICH WILL CONTRIBUTE TO COMFORT AND SAFETY WHILE IN CAMP OR IN THE FIELD.

CLOTHING

1. Comfortable boots or high shoes, preferably with composition soles, good for hiking.
2. Socks, preferably cotton and wool mixed (3 extra pair)
3. Shirts, preferably loose, cotton or wool
4. Underclothing (shirts/shorts/bras – 3 extra)
5. Warm jacket or coat
6. Gloves (optional, but useful)
7. Rainwear
8. Long pants or slacks are required on field trips. Shorts may be worn in camp

BED CLOTHING

Either one sleeping bag or two/three blankets. NOTE: We advise a sleeping bag if one is available. They are easy to carry and store. Don't forget your pillow!!

TOILET ARTICLES

1. Shaving equipment
2. Soap/Wash Cloth(s)/Towel(s)
3. Toothbrush/toothpaste
4. Comb or brush
5. Cosmetics
6. Feminine needs (cycles can change at this altitude)

MISCELLANEOUS ITEMS

1. Flashlight (required) – battery operated (with extra batteries)
2. A few band-aids
3. Notebook and pencil
4. Camera and film (optional)
5. Any medication that you take at home (vitamins, nose drops, etc.)
6. Musical Instrument (optional)
7. **Bug Repellent**
8. **Sun Block**

ELECTRONIC ITEMS (RADIOS, CD PLAYERS, ETC) CAN ONLY BE USED IN CAMP DURING FREE TIME. THEY CANNOT BE TAKEN ON THE FIELD TRIPS OR **THEY WILL BE CONFISCATED. THIS INCLUDES CELLULAR PHONES.** There are no land-based or pay phones available to the students during the 4 days.

NOTE: ABSOLUTELY NO FIREARMS!! Bring everything that is essential to your well-being, but no excess gear. If possible, pack all gear into one duffel bag or knapsack (with the exception of bed clothing which can be attached with bungee cords). This will facilitate handling of baggage. Travel light, but effectively.

Weather can change drastically within a few hours. Come prepared to change from warm and dry to cold and damp.